

Volunteer kit list



Essential Documents

- Passport (with at least two blank pages, and 6 months left before expiry for return for some countries).
- Photocopies of your passport, flight details and credit cards. In the case the originals get misplaced on your travels.
- Insurance documents - containing policy number and info, as well as contact numbers.
- Cash - South African Rand
- Debit/credit cards - for back up.



Clothing and footwear for practical work

We advise the clothes you bring to ideally be of earthy tones or dark colours, for example: blacks, browns, beige, khaki etc. **White, yellow and reds are not suitable for the bush.**

- Walking/hiking boots - a good idea to wear these in prior to the trip
- Light weight waterproof jacket
- Warm clothes for evenings/nighttime
- Long and short sleeve tops
- Long and short trousers
- Hat for sun protection
- Gloves

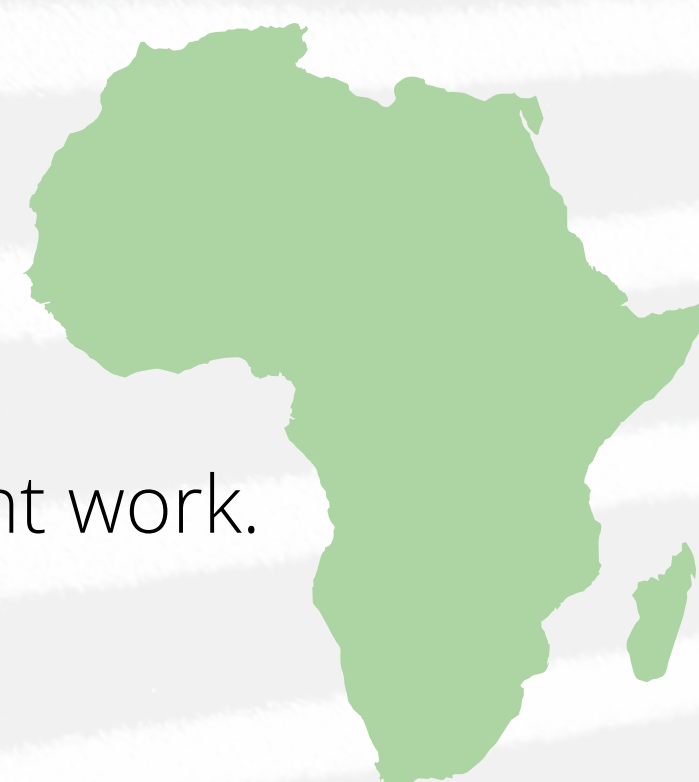
Clothing and footwear for own time

- Pyjamas
- Comfortable shoes for around the lodge
- Loose clothing for warm days
- Underwear and socks
- Swimwear (optional)



Recommended items

- Sun cream/ protection (plenty of it!)
- Aftersun cream
- Insect repellent
- Anti-itch/bite cream
- Backpack - to fit all essential/personal items for the day
- Lip salve
- First aid kit - (plasters, antihistamines, personal medications, pain relief/ anti-inflammatory etc)
- Camera
- Water bottle (at least 1 litre)
- South African Adapter (three pin)
- Toiletries
- Thermos mug - great for our early starts and possible night work.



Other considerations before you leave

- Whats App on your phone.
This is our main form of communication on the reserve and throughout the programme.
We recommend putting our numbers in your phone before departure so you can contact us if there any delays or issues during your flights etc.
This is also a cheap way to contact home, via messages or calls.
- Unlocked smart phone
At the airport you can purchase pay as you go sim cards if your phone plan is too expensive to use outside of wifi.
We recommend MTN. - then purchasing airtime, which can also be brought when we are near town.
- Books and reading material - some journeys can be long between destinations so bring a book for your travels.
- Specific foods you cannot go without!
Specific teas/coffees from home
snacks for in the bush

